



St. Cuthbert's School Newsletter

#stcuthbertsns



Sunday 16th June 2024 www.northtynesidecatholic.org.uk/

Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801

We enjoyed a week of outdoor learning, singing and dancing last week at St. Cuthbert's and we have a big surprise lined up for everyone near the end of this term- we're waiting on final confirmation before sending out details. We have also added a few more new dates to our list at the end of the newsletter and again, we'll send more details about these next week.



Congratulations to Year 5 who have won our attendance of the week stars trophy with a perfect winning score of 100%- they will have an extra playtime next week! We work hard with families and partner agencies to make sure every child achieves the best attendance they can. Can we remind all families that we ask you to contact school when your child is absent from school for any reason at all. There is information about the impact of attendance and punctuality on your child's education available on our school website, you can find it on the [Attendance and Term Dates](#) page.



Class	%
Reception	94.0
Year 1	93.1
Year 2	96.4
Year 3 🤗	92.0
Year 4	95.7
Year 5	100
Year 6	90.8
Whole school	94.4

All schools in England have three staff training days each year and we give you as much notice as possible about when they will be. We often set the first and last days of the school year as staff training days with the third to be allocated according to what staff training is planned or becomes available during the year. At the start of the year we notified everyone of our staff training day on Friday 19th July and we are setting another **staff training day for Monday 8th July**. This means we have allocated all three staff training days for this school year. This training day means that children are off school that day and it will allow all our teaching support staff to take part in training with colleagues from all the schools in our Bishop Bewick Catholic Education Trust who we are part of. It also gives our teaching staff the opportunity to put plans in place for September 2024 and to finalise children's reports which will be sent out later that week. The date has been added to the list of dates at the end of this newsletter.

Children from St. Cuthbert's will be taking the next step in their journey of faith by making their First Holy Communion next Saturday morning at St. Cuthbert's Church. This is a very special occasion for the children, their families and for our whole school community and we will all keep the children and their families in our prayers, giving thanks for their commitment to receiving the Blessed Sacrament.





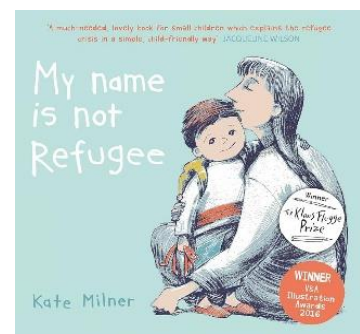
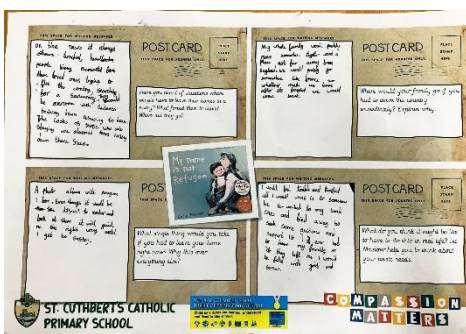
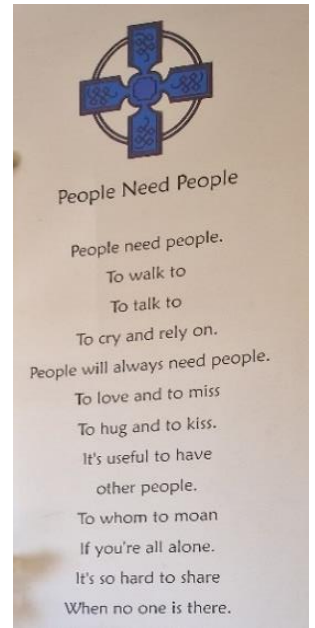
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Next week is World Refugee Week 2024 and our children have been talking about how people can become refugees, what support people need when they find themselves displaced and what they would do if they found themselves needing to leave home suddenly with their family. They know that anyone can need refuge and support and that there are lots of reasons for this. We have lots of books, artwork and stories of children and families who have become refugees for lots of different reasons. Our children know that conflict is not the only reasons that you can be forced to leave your home. They know that climate change is forcing people to leave their homes and they see this on the news regularly. As a school and community, we often provide refuge for families who need support when forced to leave home, including families from our local area who have had to move for various reasons. As a community we work closely together to support anyone in their time of need- we know that people will always need people and that treating each other with respect, kindness and compassion is what makes our community so strong and welcoming. We have a line from a prayer in our school hall which says, *We plant the seeds that will one day grow*- the work our children do in Compassion Matters is continually planting the seeds of compassion and we can see them grow every day. Last week one of our younger children asked, "Why is there a World Refugee Week? We help each other all the time at our school." He is right, we do and the children understand that weeks like this help raise awareness for everyone else. Our children will be talking more to Sir Alan Campbell soon and asking for support for refugee families and for help in making sure we can offer families the sanctuary they need when they need it.



WE ARE A UNICEF GOLD RIGHTS RESPECTING SCHOOL

Children's rights are learned, understood and lived in this school.



COMPASSION MATTERS

Children's Crossline
COMPASSIONATE SCHOOL AWARD

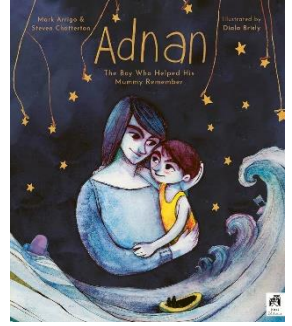
GOLD AWARD

We nurture compassionate global citizens



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As part of Compassion Matters and our focus on Fratelli Tutti we are taking part in the Safe Place project. The Safe Space project is a collaborative arts project which aims to raise even more awareness of the importance of home, school, and community for all and to celebrate a united diversity. We are asking our families to make their Safe Place In A Box to creatively share experiences of feeling safe. Decorate your box in a way that reflects current experiences, emotions, feelings and surroundings. It might be a child's bedroom to think of hopes and dreams or gardens to represent nature- you can create anything you want to. This activity helps children to think about their places of well-being and what safety means to them. It helps to understand why some children might move within countries, and develop empathy for people forced to flee from their homes. This week years 5 and 6 are part of a special event, On The Move with children's author Michael Rosen. On Monday 17th June, in the morning, years 1 to 4 are working with writers Mark Arrigo and Steven Chatterton and listening to the story Adnan. Our children will have the opportunity to reflect on the theme home, all whilst exploring the beautiful illustrations used throughout the book. Our Early Years children will continue to use My Name Is Not Refugee, What is a Refugee and explore a range of activities aimed to encourage our youngest children with key literacy skills and Refugee week in an appropriate way.



We have lots of events and trips planned for the rest of the school year and families have been sent ParentMail messages and forms for some of them. If you have received a ParentMail form can you please make sure you complete and submit it as soon as you possibly can. By responding on time we can make sure our children have the best experiences and everything they need for each trip.



ParentMail

If you have any concerns about your child's, or another child's safety, including their online safety, or questions about behaviour we always ask that you speak to us at school. It is important that we are part of discussions that may be happening around children's behaviour and welfare. We





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Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 record incidents and concerns electronically on our CPOMS system and we work very closely with Clennell Education Solutions to make sure all our staff are up to date with the best safeguarding training available and to provide leading professional advice when requested. This means that we have a broad picture of anything that is happening at school and, with your help, we can make sure any concerns are addressed quickly and do not escalate or lead to children or families falling out. If you have a concern that you feel needs attention immediately, and it is outside of normal school hours, you can contact the North Tyneside Safeguarding Team's Front Door service on 0345 2000 109 during office hours or 0330 333 7475 during the evening or at weekends. We work in partnership with the team and they will inform us at school of any referrals made to them during weekends, evenings, and holidays when school is closed. You can also find out more information about safeguarding in North Tyneside on their [website](#) and our [school website](#).

Can we also remind all families that you must let us know who is collecting a child after school if you, the person who would normally do the collection, isn't? If you need to change arrangements at the last minute please phone the school office and let us know, this helps avoid asking the person who has come to collect the child waiting around unnecessarily and helps us ensure all our children are where they are supposed to be. If the person collecting your child is someone we don't know or haven't met often we may ask you for a word or phrase that they can repeat to us, therefore confirming who they are.

As a school St. Cuthbert's were involved in being part of the management committee that set up the PACT MumSpace group that runs in North Shields. MumSpace is a warm, welcoming, friendly group, for mothers run by mothers. MumSpace is a charity run so free to join. Within the group, mums have half an hour of "their time" whilst the amazing volunteers look after the children. This space and time can be used to have a hot cup of coffee and a chat, talk to other mums alike, or invite outside organisations in to give advice, it's the mothers' space it's up to them to decide what to do with it. The group is for pregnant mums or mums with children up to the age of 4. MumSpace is run on a Thursday morning from St Cuthbert's Church from 9.30-11am or Tuesday afternoon 12.30-2pm at St Luke's Church in Wallsend on Frank Street just off the Metro station. For more information see their Facebook page = MumSpace North Tyneside or contact Wendy McConnell at 07950426786 or wendy.mcconnell@citizensuk.org

Tyne & Wear
citizens

As part of our work with PACT we are inviting families with children between the ages of 2 and 4 to join us for our Book Sharing Course which we are hosting at school with Wendy. The sessions take place at school from 2.15pm- 3.15pm. We have run these sessions in the past and they have been very successful and a brilliant way to get ideas and support in helping develop children's love of stories, books and language. Further information about the programme is near the end of this newsletter.



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We are asking all families to make sure you pre-order your children's lunches as this is the only way to ensure they get what they want each lunchtime. All children who have a school lunch must pre-order- this includes children in Reception Class, Year 1 and Year 2 who are all entitled to free school meals through the Infant Free School meals scheme.

Thank you once again to everyone who has signed up for your Appetite account and to everyone who is using it to pre-order children's school lunches. It is very, very important that you get your account set up as it allows you to see the menu for the coming weeks, including all the dietary and nutritional information you might want to see. No child will ever be left hungry and the staff in our kitchen know all our children well. If you have any questions about the new school meals system or menu, or need help with the app or using the Appetite service online, please get in touch with us at school.

We get lots of questions at school about keeping children safe online when they are away from school. We have begun information posters from National Online Safety and these will be helpful as they provide up-to-date advice on how to manage different services and apps for children at home. The Think You Know website is also very useful for advice and information and you can find it by clicking the link below. The site is aimed at adults and the subjects are about keeping children safe online.

<https://www.thinkuknow.co.uk/parents/>



We would like to remind families that we have a no-jewellery policy for children at St. Cuthbert's, the only exceptions to this are that children can wear a watch and if they have their ears pierced they can wear a small stud- not hoops. Can you please make sure your child doesn't wear any jewellery to school, especially on their outdoor learning day when a few have started to wear chains, necklaces, or bracelets. Outdoor learning day clothes should be old clothes, suitable for the weather, that will get dirty and, most likely smell of smoke by the end of the day.

Can we please remind families that for all classes from reception through to year 6 the school day has a 'soft start' meaning that the school gates and doors will open at 8.40 am and children should go straight to their class when they come on to the playground from 8.40 am. The doors and gates then close at 8.55 am when all children should be in their class- anyone who arrives at school after 8.55 am should come to school through the main office. **Children cannot wait alone on the playground or at school gates before 8.40 am as all staff are supervising gates, doors, corridors and classrooms with teachers beginning their teaching at 8.40 am.**

Can we also remind everyone that no adults should be in the school building in the morning or at the end of the school day. If you need to speak to a class teacher you can contact them through Tapestry, phone the school office to make an appointment or pass on a message or catch them at the end of the school day once all children have been passed over to their families. Our school day ends at 3.25 pm for all children. Can we also please remind families that dogs, no matter how small, are not permitted through the school gates or on the school playground. We have over 500 people on the playground at the start and end of each day and we all greatly appreciate your help and



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Thank you to everyone who is using Easyfundraising.

There are no catches to using the site, you don't need to share bank or payment details, just sign up and choose to support St. Cuthbert's. all you then need to do is search for your chosen store or seller on the easyfundraising site and do your online shopping as normal. If you are booking a holiday, buying any insurance, changing internet suppliers, mobile phone providers, etc. online, and doing so through the site they make quite big donations to school! It's really easy to get set up and running, all you need to do is:



1. Head to <https://www.easyfundraising.org.uk/causes/stcuthbertsrprimary/> and join for free.
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, that retailer will donate to St. Cuthbert's at no extra cost to you whatsoever!

There are no catches or hidden charges and we would be grateful for your support and donations which will go towards all our children.

Thank you to everyone who has been using Tapestry, our keepingintouch@stcuthbertsrprimary.co.uk email, and school phone to keep in touch with school staff. Lines of communication must be kept as open and honest as possible between school and home as we work hard to keep our open-door policy and approach going by making so many ways to keep in touch available. **As highlighted in the past we don't use Facebook or WhatsApp or any other social media apart from Twitter (which we don't use to answer questions)**, and we won't be setting up accounts on either medium. If you have any questions, or concerns, or need to chat with a member of staff at school please make sure you use one of three methods we have put in place:

- Message a member of staff on Tapestry with messages regarding work, arrangements for the school day for your child, etc. All staff have access to Tapestry.
- **Email keepingintouch@stcuthbertsrprimary.co.uk. You should email this address if you want to discuss or inform of us anything that is more confidential. Emails to this address are only read by Mrs. Cottiss and Mr. Dillon. Please do not use this email for day-to-day things like questions about what is happening at school. We cannot guarantee that your question will be answered on time this will only happen by contacting the school office.**
- Phone 0191 691 9876 and arrange an agreed time to chat with someone. Use the school phone number to advise us of absence from school, and for questions about day-to-day things. **Phoning school during the school day remains the best way to get in touch.**

If you have not yet activated your Tapestry account or if you are having trouble accessing it please let us know as soon as possible. Tapestry is one of the main ways we keep in touch with families and it is important that you can receive messages and posts from it even if you don't use it a lot yourself.

There has been a great deal of interest in our apprenticeships that have been advertised, you can find more information about the admin assistant roles on our school [website](#).

If you haven't joined our school lottery yet it is really easy and gives you a chance of winning our school jackpot each week and gives you an entry to a much bigger weekly jackpot. All profits from the lottery go towards helping us make sure our children continue



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Mass times online on Facebook and at St. Cuthbert's each Sunday at 11am. Fr. Chris Hughes can be contacted on 257 5801 to have the fantastic opportunities they get every week at St. Cuthbert's. Our weekly prize currently stands at £19.80, you will also be entered into a national school lottery for a £25,000 draw each week. You can sign up at

<https://www.yourschoollottery.co.uk/lottery/school/st-cuthberts-rc-primary>

We work continuously with all staff and children to keep children and everyone at St. Cuthbert's safe at all times. Our current Child Protection and Safeguarding Policy 2023/24 is on our school website, <https://www.stcuthbertsrcprimary.co.uk/safeguarding> and it outlines our approaches and policies to safeguarding throughout school. You will also find a copy of our safeguarding policy that we share with the children. It has been written to be accessible to the children and goes alongside all the work we do with them throughout the year. We teach safeguarding and staying safe through many different subjects and you will see the weekly online safety posters we add to every newsletter that we send out. Throughout the year we also have online safety lessons with all children and these range in topic from what to do if a child feels unsafe, how to create the best usernames and passwords and how to judge if the information you are reading or watching is genuine and accurate. We also hold online safety sessions for families each year to help you keep your children safe online at home. If you have any questions about safeguarding at St. Cuthbert's please get in touch by emailing keepingintouch@stcuthberts.email or speaking to Mr Dillon or Mrs Cottiss who you can find on the school playground at the start of each day or by phoning the school office.

Thank you for your amazing continued support, stay safe and God bless,
Shaun Dillon



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie. This guide addresses potential challenges – like the pressure to win – and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

1 LEAD BY EXAMPLE

Parents, carers and teachers should try to exemplify fair play: demonstrating respect for opponents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful precedent for them to follow in their own actions on and off the field.

2 EFFORT OVER OUTCOME

Encourage children to focus on giving it their all, rather than basing their entire performance on whether they win or not. This fosters a growth mindset, where the journey and the process of improvement are valued just as much as the end result. It also reduces the pressure to "win at all costs", which can be a harmful outlook in some situations.

3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and after sporting events. Ensuring that children understand what is considered acceptable conduct helps prevent misunderstandings and promotes a positive, respectful atmosphere.

4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cooperation in achieving success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works together towards a common goal. A strong focus on cooperation fosters camaraderie and mutual support among players.

5 DISCUSS ACCEPTING DEFEAT

Help children to understand that they can't win every contest – that losing occasionally is a natural part of both sport and life in general. Teaching them to accept defeat gracefully and learn from their mistakes promotes resilience, humility and the ability to bounce back stronger from setbacks. Taking a loss in one's stride is also an admirable trait and can help children and young people garner respect in their future life.

6 ENCOURAGE INCLUSIVE PARTICIPATION

Promote an environment where all children feel welcome and valued, regardless of their skill level. Prioritise the importance of participation and enjoyment over winning, creating a supportive atmosphere where every child can thrive and develop their abilities without unnecessary pressure.

7 FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both on and off the field. Providing them with strategies for effective communication and problem-solving helps build stronger relationships and enhances their ability to navigate challenges, which can be a huge boon to them throughout their adult lives.

8 TEACH RESPECT

Emphasise to children the importance of respecting everyone involved in the game, regardless of the outcome. Respect for your teammates, opponents, coaches and officials helps to create a positive, inclusive sports environment where everyone can feel valued and appreciated.

9 GIVE CONSTRUCTIVE FEEDBACK

Offer feedback that focuses on areas for improvement rather than unfiltered criticism. Praise what a child has done well and advise on how to improve, rather than simply pointing out shortcomings. Encouraging a growth mindset and highlighting progress helps children to develop confidence, resilience and a desire to continue striving for excellence.

10 CELEBRATE GOOD SPORTSMANSHIP

Try to avoid solely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportsmanship, fair play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practise this in the future, creating a culture of respect and camaraderie within the sports community that does wonders for morale.

Meet Our Expert

Caroline Holder is a PE consultant based in Staffordshire. Having worked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionately believes in the impact that PE, sport, and activity can have on children.



Source: See full reference list on guide page at: <https://nationalcollege.com/guides/friendly-competition>



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PE and Roundhouse Timetables 2023/2024

Children should come to school wearing their PE kit on their PE day.

PE	
Day	Class
Monday	Reception
Tuesday	Year 2
Wednesday	Year 1
Thursday	Year 5, Year 3 and Year 6
Friday	Year 4

Work at the Roundhouse has now been completed and classes continue to use it throughout the week. As always, we have a timetable for outdoor learning but classes will take learning outdoors as often as they can throughout the week. Children should wear old clothes on their outdoor learning day, PE kit on PE day and school uniform on all other days.

Roundhouse/ Outdoor Learning Dates	
Nursery	(Tuesdays)
Reception	(Tuesdays)
Year 1	(Fridays)
Year 2	(Fridays)
Year 3	(Wednesdays)
Year 4	(Wednesdays)
Year 5	(Mondays)
Year 6	(Mondays)

On the next page you will find the dates, times and some details of events which will be taking place through the rest of this school term. As always, we will contact everyone as soon as possible if anything changes around these dates and times, and we will send out any more information if and when needed. There will be other events and activities taking place between now and the end of this term and information on these will be sent out to you through ParentMail as usual and added to each weekly newsletter.



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Date	Time	Event	Location
Monday 17th June 2024	Morning	Year 3 swimming sessions begin and last 4 weeks	Hadrian Swimming Pool
Tuesday 18th June	Morning	Year 6 bus induction	School
Wednesday 19th June	Afternoon	Year 2 multi skills tournament	St. Thomas More
Wednesday 19th June	Afternoon	Philip Reilly Cup	St. Aidan's Catholic Primary School
Thursday 20th June	Afternoon	Year 6 transition event with St. Thomas More	St. Thomas More
Saturday 22nd June	10am	First Holy Communion Mass	St. Cuthbert's Catholic Church
Tuesday 25th June	All day	Year 6 at Primary Festival	Youth Village, Consett
Friday 28th June	All day	Year 5 and 6 trip to Great North Museum	Great North Museum
Monday 1st July	All week	Sports Week	School and various venues
Monday 1st July	All week	St. Thomas More work experiences students in school	School
Tuesday 2nd July	Morning	Sports Day	School
Tuesday 2nd July	5pm	North Tyneside Summer Sing	Whitley Bay Playhouse
Wednesday 3rd July	Morning	Year 1 Multi Skills Festival	The Parks Leisure Centre
Thursday 4th July	All day	General election- nursery classroom being used at polling station	School
Thursday 4th July	All day	Year 6 transition day	St. Thomas More
Friday 5th July	All day	Year 6 transition day	St. Thomas More
Monday 8th July	All day	Staff training day	
Tuesday 9th July	All day	Classes trip to Shiremoor Adventure Playground	Shiremoor Adventure Playground
Thursday 11th July	All day	Classes trip to Shiremoor Adventure Playground	Shiremoor Adventure Playground
Thursday 11th July	1pm	Year 6 leavers' Mass with North Tyneside Catholic Schools	St. Columba's Catholic Church
Saturday 13th July	Morning	Mouth of The Tyne Festival	Tynemouth
Monday 15th July	Afternoon and after school	TBC: Whole school event- keep your diary free, we're waiting on final confirmation.	The Saville Exchange
Tuesday 16th July	2pm	Year 6 Leavers' Assembly	School hall
Wednesday 17th July	9.30am	End-of-year Mass with our parish	St. Cuthbert's Catholic Church
Wednesday 17th July	After school	Year 6 Leavers' get together	School
Thursday 18th July	2.30pm	Whole school end of year collective worship giving thanks for our year together	School
Thursday 18th July	3.25pm	Children break for summer holidays	
Friday 19th July	All day	Staff training day	school



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FREE

Do you want to improve your child's health?

Our 10 week programme supports you and your family to make healthy lifestyle changes together.

Interactive sessions are delivered by an expert and friendly team and focus on nutrition and physical activity to give you and your family a real boost.

The team delivers family programmes for two different age groups:

Ages 4-7 years old
Ages 8-14 years old

Register:



Sessions take place once a week, after school

In 10 weeks we cover:

- Simple food swaps to reduce fat and sugar intake
- The right size portions for children and adults
- How to understand food labels and afford healthy options
- Opportunities to add run and play into your daily routine

Eligibility criteria applies, please ask for more details.

0191 643 7454
CHAT@northtyneside.gov.uk
www.activenorthtyneside.org.uk



No Limits

FREE
FOR KIDS AGED
8-13
YEARS

Monday at
The Lakeside Centre
4 - 5.30PM

Tuesday at
The Parks Sports Centre
4.30 - 6PM*

Wednesday at
Hadrian Leisure Centre
5.15 - 6.30PM

Activities include:

- Badminton
- Table tennis
- Dodgeball
- Plus football coaching with the Newcastle United Foundation

No Limits activities are available in term time only. A valid easecard is required. Children and young people must behave in accordance with our Customer Charter. *The soft play is available to use free of charge for siblings under 8 years old while this session takes place.



REGISTER HERE!

www.activenorthtyneside.org.uk | 0191 643 7171

 Active North Tyneside  @active_NT



No Limits

FREE
FOR KIDS
ALL AGES

POOL SESSIONS

Thursday at
Waves
6.20 - 7.20PM

Friday at
Tynemouth Pool
4 - 5PM

Saturday at
The Lakeside Centre
11AM - 12PM

Saturday at
Hadrian Leisure Centre
2.15 - 3.15PM

No Limits pool sessions are available in term time only. A valid easecard is required. Children and young people must behave in accordance with our Customer Charter. Pool admission policy applies.